If a project meets both the “research” and research with “human subjects” criteria, your project is under the IRB’s purview, and you are required to submit a protocol to the IRB for review.

There are three review types:

1. **Full**: Protocols to be reviewed by the full committee are projects that may put the participants at greater than minimal risk. All Full-Review protocols should be submitted via the eProtocol online system.

   **What is Minimal Risk?**

   The probability and magnitude of harm or discomfort anticipated in the research are not greater in and of themselves than those ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests.

   Examples of research protocols that may go to the full IRB for review include:
   
   - An element of deception
   - Invasive medical or experimental procedures (biopsies, multiple blood draws, etc.)
   - Psychologically or socially sensitive issues (such as suicide, illegal activities, negative body issues, family divorce studies)
   - Studying a vulnerable population
   - An amendment or continuing review for a protocol that was originally determined by the IRB to be greater than minimal risk
   - An amendment to a protocol (that was originally reviewed via the expedite route) that involves an increased risk to participants

   Note: According to the federal regulations, any protocol that is submitted, even for exempt or expedited review, can be called to the full board for review by any committee member.

   Submissions that must be reviewed by the full board are due at 5:00 p.m. the first Thursday of the month. The IRB will meet to review your protocol on the third Thursday of the month.

2. **Expedite**: Protocols that are reviewed via the expedite-review process are of minimal risk to the participants and meet one or more of the Expedite-review criteria. Examples include: surveys, interviews, focus groups, obtaining private, identifiable information & collecting blood samples & biological specimens. Submission of a project for expedite review is done via the eProtocol online system. The protocol can be submitted at any time, and is reviewed by two IRB members. For a list of all Expedite criteria, please link to:

   [http://web.research.colostate.edu/ricro/hrc/forms.aspx](http://web.research.colostate.edu/ricro/hrc/forms.aspx)

3. **Exempt**: Projects that are reviewed as exempt are no risk studies that meet one or more of the exempt criteria. Examples include: comparing educational methods, food tasting, analyzing anonymous data. Exempt applications are done with a Word document via email (not through the eProtocol online system). For exempt submission guidelines & criteria, please link to: [http://web.research.colostate.edu/ricro/hrc/forms.aspx](http://web.research.colostate.edu/ricro/hrc/forms.aspx)

**Final determination regarding review method is made by the IRB.** Please contact the IRB Coordinators if you have any question regarding how your protocol should be reviewed:

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